

Emmet County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

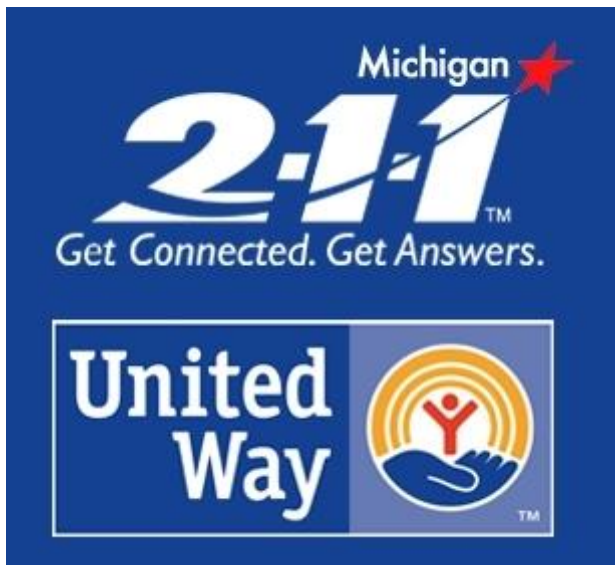
2022

Emmet
County
Community
Resource
Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[2]
Adult Aging Services	[2]
Animal Support	[3]
County & City Resources	[3]
Disability & Special Needs Resources	[3]
Education & Training	[3-4]
Emergency & Disaster Services	[4]
Employment Assistance	[4]
Financial Assistance	[4]
Fitness, Recreation & Rehabilitation	[4]
Food Pantries, Clothing & Household Assistance	[4-5]
Healthcare Services	[5-6]
Housing Assistance	[6]
Legal Assistance	[6-7]
Parenting & Pregnancy Resources	[7]
Prescription Assistance	[7]
Support Groups	[7]
Transportation	[7]
Tribal Services	[8]
Veterans Affairs	[8]
Volunteer Opportunities	[8]



ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911

Children & Adult Protective Services	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline	TEXT Reason to 741741
https://13reasonswhy.info/	
Equality Michigan	(313) 537-7000
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Michigan Department of Health & Human Services	(231) 348-1600
Narcotics Anonymous 24/7	(800) 230-4085
National Child Abuse Hotline	(800) 422-4453
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
The Trevor Project (Youth LGBTQ crisis and suicide hotline)	(866) 488-7386
Third Level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846
Women's Resource Center	(231) 347-0082

ADULT AGING SERVICES

Area Agency on Aging of Northwest MI	(800) 442-1713
Area on Aging	(800) 858-1637
Crisis Services for the Elderly	(517) 483-7205
Disability Network	(231) 922-0903
Emmet County Veterans Affairs	(231) 348-1780
Friendship Centers of Emmet County	(231) 347-3211
HAP Senior Plus	(800) 868-3153
Hospice Assist of Northwest Michigan	(800) 551-4140
Legal Services of Eastern Michigan	(800) 322-4512
McLaren Home Care	(866) 323-5974
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/ Medicaid Assistance Program (MMAAP)	(800) 803-7174
Michigan Department of Health & Human Services	(231) 348-1600
Northeast Michigan Community Service Agency (NEMSCA)	(989) 356-3474
Social Security Administration	(800) 772-1213
Visiting Angels Living Assistance Services visitingangels.com	(800) 365-4189

Adult Day Services

Angel Heart Home Care	(231) 347-4800
Friendship Centers of Emmet County	(231) 347-3211
Living Room Adult Day Services	(231) 348-0771

Adult Foster Care

Cadwell Contract Home	(231) 537-4628
Hillside Haven	(231) 539-8281
Mallard Cove Assisted Living	(231) 347-2273
Maveric Manor	(231) 539-8351

Alzheimer's & Dementia Support

Alzheimer's Association & Helpline	(800) 272-3900
Catholic Human Services	(231) 947-8110
Friendship Centers of Emmet County	(231) 347-0300
Counsel on Aging	

Assisted Living

American House	(231) 348-2600
Independence Village	(231) 348-8498
Mallard Cove Assisted Living	(231) 347-2273
Perry Farm Village	(231) 526-1500

ANIMAL SUPPORT

Emmet County Animal Control (231) 439-8900
The Anti-Cruelty Society (Animal Behavior Helpline) (312) 645-8253

Animal Shelters

Bay Area Pet Resort (231) 348-5550
Little Traverse Bay Humane Society (231) 347-2396

COUNTY & CITY RESOURCES

Bear Creek Township (231) 347-0592
County Clerk's Office (231) 348-1744
Emmet County Parks & Recreation (231) 348-5479
Emmet County Road Commission (231) 347-8142
Friend of the Court (231) 348-1717
Friendship Township Hall (231) 526-8955
Harbormaster (231) 526-5335
Harbor Springs City Hall (231) 526-2104
Little Traverse Township (231) 526-0351
Mackinaw City Village Hall (231) 436-5351
Office of Community Corrections (231) 348-0680
Resort Township Hall (231) 347-7915
Petoskey City Hall (231) 347-2500
Pleasantview Township Hall (231) 526-8140
Village of Alanson (231) 548-5431
Village of Pellston (231) 539-7227
West Traverse Township Hall (231) 526-7361

DISABILITY RESOURCES

Autism Society of MI (800) 328-8476
Children with Special Needs Fund (517) 241-7420
Children's Special Healthcare Services (800) 359-3722
Disability Network (231) 922-0903
Disability Network of MI (800) 782-4160
www.dnmichigan.org/cil-directory
Division on Deaf, Deaf Blind & Hard of hearing (313) 437-7035
Emmet County Veterans Affairs (231) 348-1780
GiGi's Playhouse (Downs Syndrome Achievement Center) (847) 885-6149

Medicare/Medicaid Assistance Program (800) 803-7174
Michigan Alliance for Families (800) 552-4821
Michigan Commission for the Deaf/Interpreter (517) 507-5223
Michigan Deaf/Blind Services (800) 292-4200
Michigan Special Education Information Line (888) 320-8384
Muscular Dystrophy Association (800) 572-1717
North Michigan Regional Entity-Medicaid (800) 834-3393
Paralyzed Veterans of America (800) 638-6782
Relay Center for Deaf/Hard of Hearing 7-1-1
Social Security Administration (800) 772-1213
United Cerebral Palsy (800) 828-2714
Vocational Rehabilitation (800) 257-4850
Michigan Commission for the Deaf

EDUCATION & TRAINING

American Red Cross (800) 733-2767
Crooked Tree Arts Center (231) 347-4337
McLaren Northern MI Library (231) 487-4500
Michigan Special Education Information Line (888) 320-8384
MSU Extension (231) 348-1770
North Central Michigan College (888) 298-6605
Tuition Incentive Program (888) 447-2687

Adult Programs/Continuing Education

Northwest Michigan Works (231) 439-5204

Childcare Centers & Preschools

Bear Cub Child Care Center (231) 539-8699
Blackbird Preschool Childcare (231) 526-4602
Children's Learning Center (231) 347-0067
Harbor Light Readiness Program (231) 347-7859
NMCAA Preschool (231) 548-2261
Northern MI Community Child Development Center (231) 487-4563
Pellston Elementary (231) 539-8421
Petoskey Children's Nursery Inc (231) 347-6581
Petoskey Montessori Children (231) 348-2190
St Francis Pre-K Child Care (231) 347-3651
Stretch Kindergarten Extended (231) 548-5890
The Harborage (231) 526-4840
Zion Lutheran Church Preschool (231) 347-2757

Colleges/Career Centers

North Central Michigan College (888) 298-6605
Northwest Michigan Works (231) 347-5150

Libraries

School Districts

Charlevoix Emmet ISD (231) 547-9947
Concord Academy of Petoskey (231) 439-6800
Crooked Tree High School-
Alternative School (231) 487-0136
Harbor Springs Public Schools (231) 526-4545
Mackinaw City Public Schools (231) 436-5587
Pellston Public Schools (231) 539-8682
Petoskey Public Schools (231) 348-2100

Youth Programs

YMCA of Northern Michigan (231-) 348-8393

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police **911**

American Red Cross (800) 733-2767
American Red Cross of
Northwest MI (231) 947-7286
Center for Disease Control (800) 232-4636
Office of Emergency
Management (855) 515-1624
Poison Control (800) 222-1222
Salvation Army (231) 347-3531
Suicide Prevention (800) 273-8255

Law Enforcement

Emmet County Sheriff (231) 347-2036
Harbor Springs Police
Department (231) 526-6211
Mackinaw City Police
Department (231) 436-7861
Petoskey Police Department (231) 347-2500
State Police Department (231) 347-8101

EMPLOYMENT ASSISTANCE

Area Agency on Aging Senior
Employment Program (800) 442-1713
Emmet County Veterans Affairs (231) 348-1780
Michigan Council of
Rehabilitation Services (517) 483-2826
Michigan Indian Employment
and Training Services (800) 591-8820
Michigan Veterans Affairs
Agency (800) 642-4838
Unemployment Office Hotline (866) 500-0017

Women's Resource Center (231) 347-0067

FINANCIAL ASSISTANCE

Michigan Department of Health
& Human Services (231) 348-1600
Northwest Michigan Community
Action Agency (231) 347-9070
Salvation Army Petoskey (231) 347-3531

Tax Assistance

My Free Taxes
www.myfreetaxes.com
Tax Assistance (866) 698-9435

FITNESS, RECREATION & REHABILITATION

AnyTime Fitness (231) 348-2500
Bay Tennis & Fitness (231) 487-1713
Center City Gym (231) 487-1205
First Choice Physical Therapy (231) 439-3750
MI Rehab Service (877) 901-7398
Northern Michigan Sports
Medicine Center (231) 347-9300
Rehabilitation Institute of Mi
Silver Sneakers (313) 745-1203
tools.silversneakers.com
Tim Bondy Physical Therapy (231) 487-6163
YMCA of Northern Michigan (231) 348-8393

Parks & Recreation

Emmet County Parks &
Recreation (231) 348-5479

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Alanson Church of the Nazarene (231) 548-5462
American Red Cross (800) 733-2767
Area on Aging (800) 858-1637
Brother Dans-Food Pantry (231) 347-7423
First Christian Church of
Petoskey-Food Distribution
Center (231) 347-6181
First Presbyterian Church (231) 347-4792
Friendship Center of Emmet
County-Meals on
Wheels/Community Meal
Food Pantry Listings (231) 347-3211

foodpantries.org	
Gold Mine Thrift Store	(231) 347-3970
Goodwill	(231) 348-6947
Habitat for Humanity	(231) 348-6926
Health Department	(231) 347-6014
Jesus is Lord-Bay Shore Pantry	(231) 348-2086
MANNA Food Project	(231) 347-8852
Meals on Wheels	(888) 370-7184
MI Department of Health & Human Services	(231) 348-1600
New Beginnings Thrift Store	(231) 348-2980
NMCAA Food Distribution	(231) 347-9070
Northern Michigan Family Services	(800) 275-1995
Petoskey United Methodist Church	(231) 347-2733
Salvation Army	(231) 347-3531
Seventh Day Adventist Church	(231) 347-6651
United Way	(231) 487-1006
WIC	(800) 942-1636

HEALTHCARE SERVICES

Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

McLaren Home Care	(866) 323-5974
McLaren Northern Michigan Hospital	(231) 487-4000
McLaren Northern Michigan Family Practice	(231) 487-9355
Karmanos Cancer Institute	(800) 527-6266
Bay View OB/GYN Petoskey	(231) 487-2340
Charlevoix Family Medicine	(231) 547-1308
Harborside Spine & Sports Center	(231) 348-3283
Health Department	(231) 347-6014
Little Traverse Primary Care	(231) 347-5400
Mackinaw City Medical Clinic	(231) 436-9900
Mackinac Straits Health System	(906) 643-8585
Michigan HIV/STD Hotline	(800) 872-2437
Northern Michigan MedCenter	(231) 487-2000
Planned Parenthood	(231) 347-9692
Quick Care Medical Center	(231) 348-2828

Dental Resources

Dentistry by the Bay	(231) 347-7471
Dental Clinics North	(231) 348-3970
Dental Lifeline Network	(517) 347-6994
http://dentallifeline.org/michigan	
Great Lakes Oral & Maxillofacial Surgery	(231) 487-1020
Harbor Pointe Dental	(231) 577-4700
Michigan Donated Dental Services Program	(800) 589-2632
Mobile Care Group dental care for homebound/nursing & assisted care facilities	(248) 809-6398
Northern Dental Group	(231) 539-8467
Petoskey Dental Associates	(231) 347-2100
Petoskey Family Dental Care	(231) 347-6058
Straits Area Dental	(231) 548-7400

Hearing Assistance

Michigan Relay Center for Deaf/Hard of Hearing Powered by Hamilton Relay	(800) 833-7833
Miracle Ear	(231) 794-6176
Petoskey Ear Nose & Throat Specialists	(231) 487-3277
Relay Center for Deaf/Hard of Hearing	7-1-1

Medical Equipment & Loan Closets

Adaptive Environments – Home lifting systems	(800) 355-5438
ALS of Michigan- Equipment	(800) 882-5764
GiGi's Playhouse	(847) 885-6149
Friendship Centers of Emmet County	(231) 347-3211
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank, BiPAP, ASV, AVAPS and supplies	(734) 23203964
Muscular Dystrophy Association	(800) 572-1717
One Drop Diabetes Support & Supplies	(800) 437-1474
Paralyzed Veterans of America	(800) 638-6782
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
-----------------	----------------

Access Mental Health 24 hour Crisis (800) 839-9443
 Boys Town National Hotline (800) 448-3000
 Common Ground Crisis Line (800) 231-1127
 Community Mental Health 24-Hr Crisis Line (877) 470-4668
 Community Mental Health Services of Emmet (231) 347-6701
 Harbor Hall Substance Abuse Services (231) 347-5511
 Hiawatha Behavioral Health (906) 643-8616
 Hidden Brook Counseling Services (231) 487-1885
 Narcotics Anonymous 24/7 (800) 230-4085
 National Alliance on Mental Illness (800) 950-6264
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 Problem Gambling Help-Line (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 Sault Tribe Health & Human Services (906) 643-8689
 SEMCA (800) 686-6543
 Substance Abuse Hotline (800) 662-4357
 Stop It Now! Hotline (888) 773-8368
 Suicide Prevention (800) 273-8255
 Third Level Crisis Center- 24 hour (800) 442-7315

Substance Abuse

Alcoholics Anonymous (800) 356-9996
 Centers for Disease Control (800) 232-4636
 Harbor Hall Substance Abuse Services (231) 347-5511
 Narcotics Anonymous (NA) Hotline (800) 230-4085
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 SEMCA (800) 686-6543
 Substance Abuse Hotline (800) 662-4357
 Substance Use Treatment (800) 834-3393

Urgent Care

McLaren CareNow at Walgreens (231) 489-8343
 Northern Michigan MedCenter (231) 487-2000

Vision Resources

Ashley Rossman Eye Care (231) 487-5315
 Grand Traverse Ophthalmology Clinic (231) 487-2020
 Infinity Eye Care (231) 622-4779
 Michigan DeafBlind Services (800) 292-4200
 National Eye Institute (301) 496-5248
 Pleasant View Eye Care (231) 348-1255
 Professional Optical (231) 487-0171
 Vision Max PC (231) 439-3937
 Visions of Harbor Springs (231) 526-7501
 Wal-Mart Vision Center (231) 439-0078

HOUSING ASSISTANCE

American Red Cross (800) 733-2767
 Northwest Michigan Community Action Agency (231) 347-9070
 The Heat and Warmth Fund (800) 866-8429
 USDA Rural Development (231) 941-0951
 Veterans TOLL Free Numbers iris.custhelp.va.gov

Emergency Shelters & Warming Centers

Nehemiah House (231) 347-0363
 Women's Resource Center (231) 347-0067

Heating/Utility Assistance & Home

Repairs/Weatherization

American Red Cross (800) 733-2767
 Area on Aging (800) 858-1637
 The Heat and Warmth Fund (800) 866-8429

Low Income Housing

Crooked River Apartments (231) 548-5786
 HomeStretch Nonprofit Housing (231) 947-6001
 HUD Rental Assistance (800) 569-4287
 Mackinaw Apartments (231) 627-7835
 NW Michigan Action Agency (800) 443-5518
 Pinehurst Senior Apartments (800) 968-1792
 Riverview Terrace (231) 347-2030
 The Village of Hillside (231) 526-7108
 Traverse City Housing (231) 922-4915
 Traverse Woods Apartments (231) 347-6711
 USDA Rural Development (517) 324-5190

LEGAL ASSISTANCE

Center For Civil Justice (800) 724-7441
 Civil Rights Department (517) 335-3165
 Elder Law of Michigan (866) 400-9164

Legal Services of Northern Michigan (989) 705-1067
 Michigan Indian Legal Services (231) 947-0122
 Social Security Administration (800) 772-1213
 Veterans TOLL Free Numbers
iris.custhelp.va.gov
 Women's Resource Center (231) 347-0067

PARENTING/PREGNANCY RESOURCES

McLaren Northern Michigan (231) 487-4762
 Family BirthPlace
 Child Safety Seat Inspection (866) Seat-Check
 Children's Special Health Care (800) 359-3722
 Services
 LA LECHE (800) 525-3243
 Life Roots Family & Birth (231) 675-4674
 Collective
 Northern Michigan Family (800) 275-1995
 Services
 Office on Women's Health (800) 994-9662
 WIC (800) 942-1636
 Women's Resource Center (231) 347-0067

PRESCRIPTION ASSISTANCE

Pharmacies

Kelbel's Pharmacy (231) 526-5971
 Meijer Pharmacy (231) 348-6364
 Rite Aid (231) 347-8282
 Walgreens Pharmacy (231) 348-7510
 Walmart Pharmacy-Petoskey (231) 439-0071

Prescription Assistance Programs

Elder Prescription Insurance (866) 747-5844
 Program
 Friendship Center of Emmet (231) 347-3211
 County
 LifeSource Direct Rx Discount (866) 747-5844
 Card-uninsured/underinsured
 Michigan Medicare/Medicaid (800) 803-7174
 Assistance Program (MMAP)
 MiRx Discount Card (866) 755-6479
 NeedyMeds (800) 503-6897
 Partnership for Prescription www.pparx.org
 Assistance
 RxAssist- Database of www.rxassist.org
 pharmaceutical company
 assistance programs
 RX Outreach (800) 769-3880

SUPPORT GROUPS

Alcoholics Anonymous (231) 348-5005
 ALS of Michigan (800) 882-5764
 Alzheimer's Association and Helpline (800) 272-3900
 Area on Aging (800) 858-1637
 Autism Society of MI (800) 328-8476
 Common Ground Crisis Line (800) 231-1127
 Compassionate Friends (Parent's Grief Group) (877) 969-0010
 Disability Network of MI (800) 782-4160
www.dnmichigan.org/cil-directory
 Epilepsy Foundation of Michigan (800) 377-6226
 Equality Michigan (313) 537-7000
 Love is Respect Hotline (866) 331-9474
 Narcotics Anonymous 24/7 (800) 230-4085
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 Office on Women's Health (800) 994-9662
 Parkinson Foundation (800) 852-9781
 Problem Gambling Help Line (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 SEMCA (800) 686-6543
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255
 WIC (800) 942-1636

TRANSPORTATION

Karmanos Cancer Institute (800) 527-6266
 American Cancer Society Road to Recovery (800) 227-2345
 Area on Aging (800) 858-1637
 Child Safety Seat Inspection (866) Seat-Check
 Friendship Centers Transit (231) 348-3425
 Straits Regional Ride (866) 731-1204
 Vehicle Safety Hotline (888) 327-4236
 Veterans TOLL Free Numbers
iris.custhelp.va.gov

TRIBAL SERVICES

Civil Rights Department	(517) 335-3165
Little Traverse Bay Bands of Odawa Indians	(231) 242-1400
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Sault Tribe Health & Human Services	(906) 643-8689
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Area on Aging	(800) 858-1637
CHAMPVA	(800) 733-8387
Cheboygan VA Clinic	(231) 436-5176
Disabled American Veterans	(989) 348-5645
Emmet County Veterans Affairs	(231) 348-1780
Michigan Veterans Affairs	(800) 642-4838
National Suicide Prevention	(800) 273-8255
Paralyzed Veterans of America	(800) 638-6782
Veterans Administration	(800) 827-1000
Veterans TOLL Free Numbers	
iris.custhelp.va.gov	

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Bay Bluffs	(231) 526-4400
Emmet County Humane Society	(231) 347-2396
Food Bank Council of Michigan	
www.fbmic.org/resources/find-a-food-bank	
Living Room Adult Day Services	(231) 348-0771
Northwest Michigan Habitat For Humanity	(231) 348-6926
Salvation Army	(231) 347-8500
United Way	(231) 487-1006

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarenow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.